

OVA

Instructions for Use
Please read carefully



Introduction

The Ova Therma Belt provides soothing heat therapy and gentle massage modes to help you deal with the symptoms of period pain.

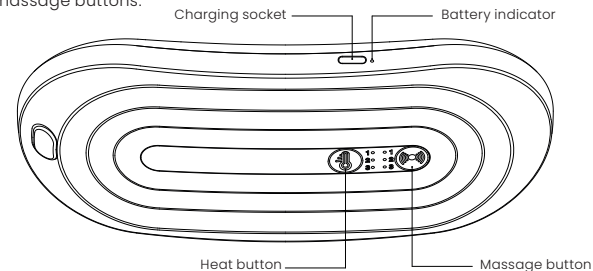
Designed to be worn around the waist, the device features three temperature settings to provide you maximum relief.

How to Use

Wear the belt around your waist. The belt should be worn on top of clothes.

The belt can be worn on your lower abdomen or lower back. Select the position which provides you most relief.

1. The belt can be turned on by starting the heat or massage modes. Hold the heat button to start heat therapy, and the massage button to start massage.
2. Select desired temperature and massage modes by pressing the heat and massage buttons.



	Default	1st press	2nd press
Heat	50°C	55°C	60°C
Massage	Mode 1	Mode 2	Mode 3

The device can be worn for as long as you need relief. However, pad should be repositioned regularly.

3. Turn the heat and/or massage off by holding the heat and/or massage buttons. This turns the belt off.

When the battery is low, the battery indicator will flash red. The Ova Therma Belt can be charged by connecting to a power source using the USB-C charging cable provided. Make sure the device is fully charged before first use.

Warning: Do not use whilst charging.

Safety Guidelines

- Do not use if you suffer from gout, cervical cancer or heart disease.
- Do not use if you are pregnant.
- If using for a long time, reposition the pad regularly. If skin has abnormal reaction, stop using immediately.
- Do not use if you have sensitive skin or if you are not sensitive to heat.
- Do not use on broken skin or unhealed wounds.
- Do not use whilst sleeping.
- Do not use in high heat, flammable, electromagnetic radiation and humid environments.

Warranty

The product is warranted to be free from manufacturing defects for 1 year from the date of purchase. This warranty refers to the unit and does not include charging cable.

This warranty is void if the product is modified or altered, is subject to misuse or abuse; damaged in transit; lack of responsible care; is dropped; if the unit has been immersed in water; if damage occurs by reason of failure to follow the user manual; or if product repairs are carried out without authority from TensCare Ltd.

Before you send your unit for service please be sure to read the user manual and follow all the instructions. Should repair be needed within the warranty period, please return the device with the following details:

Name:

Address:

Telephone:

Email:

Date of Purchase:

Proof of Purchase:

Returns should be sent to the following address:

TensCare Ltd

9 Blenheim Road,

Epsom, Surrey

KT19 9BE, U.K.

For more information, call +44 (0) 1372 723 434.

介绍

Ova Therma腰带提供舒缓的热疗和温和的按摩模式，帮助您应对经期疼痛的症状。

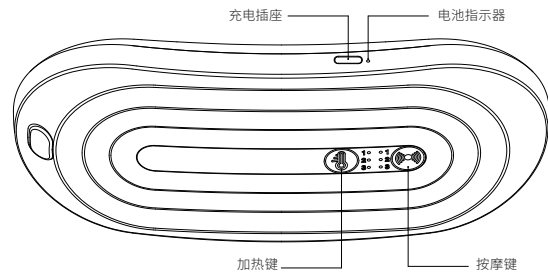
该设备设计用于腰部佩戴，具有三种温度设置，可为您提供最大程度的缓解。

如何使用

把腰带系在腰上。腰带应该系在衣服上面。

腰带可以系在您的小腹或下背部。选择能为您提供最大缓解的位置。

1. 腰带可以通过启动加热或按摩模式来开启。按住热疗键开始热疗，按住按摩键开始按摩。
2. 通过按加热和按摩按钮选择所需的温度和按摩方式。



	默认	第一次按	第二次按
加热	50°C	55°C	60°C
按摩	模式 1	模式 2	模式 3

只要您需要缓解，该设备就可以佩戴。但是，贴片应定期重新复位。

3. 按住加热键和/或按摩键关闭加热和/或按摩，这样可以关闭腰带。

当电池电量不足时，充电插座上的灯将闪烁红色。Ova Therma腰带可以通过使用提供的USB-C充电线连接到电源进行充电。首次使用前，请确保设备已充满电。

警告：充电时请勿使用。

安全指南

- 如果您患有痛风、子宫颈癌症或心脏病，请勿使用。
- 如果您怀孕了，请不要使用。
- 如果长时间使用，请定期重新复位贴片。如果皮肤出现异常反应，请立即停止使用。
- 如果您的皮肤敏感或对热不敏感，就不要使用。
- 请勿用于破损的皮肤或未愈合的伤口。
- 睡觉时不要使用。
- 请勿在高温、易燃、电磁辐射和潮湿环境中使用。

保修

如果产品被修改或更改、被滥用或误用，则本保修无效；运输途中受损；缺乏负责任

的护理；被丢弃；如果机组已浸入水中；如果由于未遵守用户手册而造成损坏；或未经TensCare有限公司授权进行产品维修。

在您将设备送去维修之前，请务必阅读用户手册并遵循所有说明。如果在保修期内需要维修，请退还设备，并提供以下详细信息：

姓名：

地址：

电话：

电子邮件：

购买日期：

购买凭证：

退货应发送到以下地址：

TensCare Ltd, 布莱尼姆路9号, 萨里埃普索姆, KT19 9BE, 英国。

欲了解更多信息，请致电 +44 (0) 1372 723 434。

Distributed by:

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