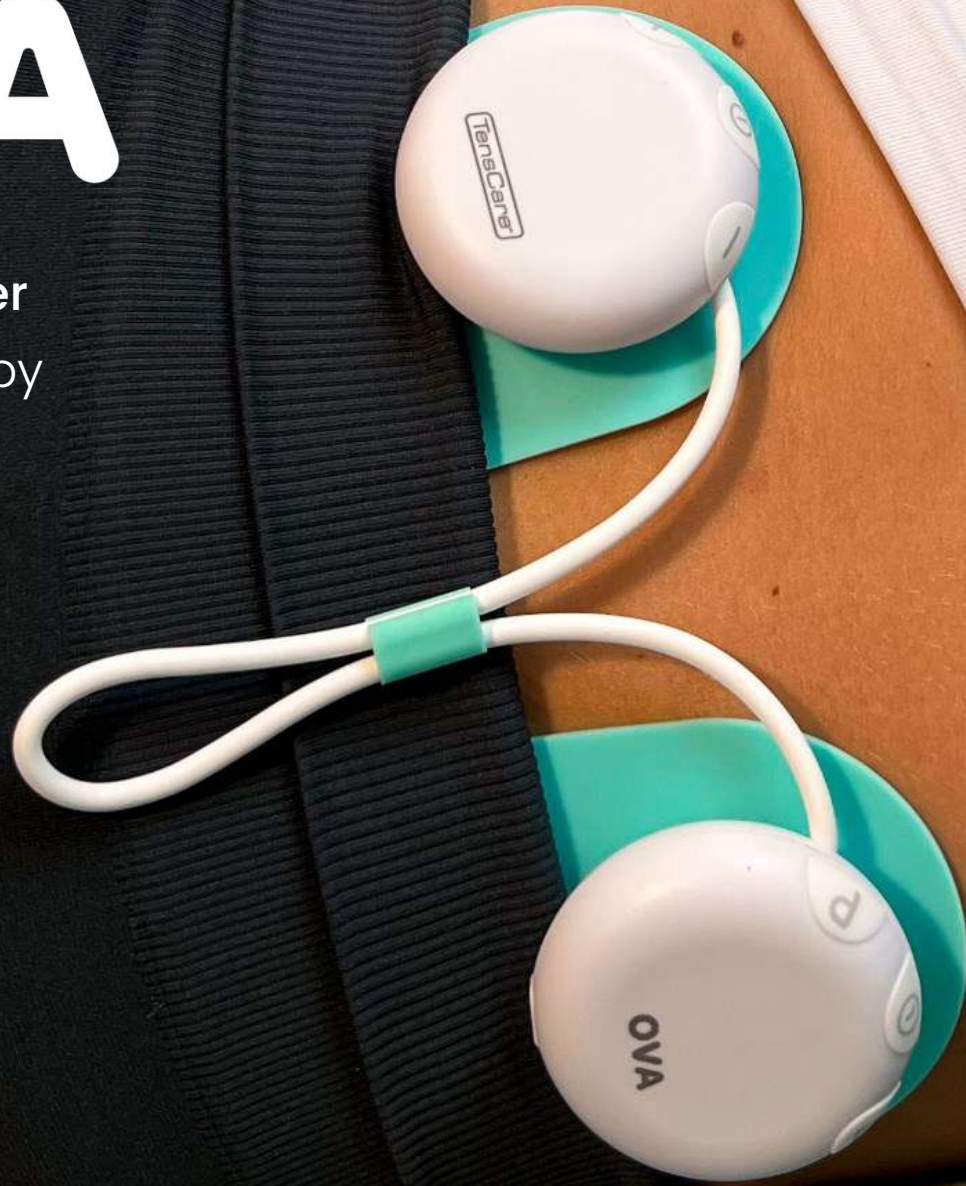


OVA

Period Pain Reliever
TENS & Heat Therapy



TensCare™

Put an end to period pain...

Ova is a drug-free, multi-therapy period pain relief device that combines clinically proven TENS stimulation with soothing heat therapy to treat symptoms of primary menstrual pain (dysmenorrhoea).

Ova may also help to relieve the pain of secondary menstrual pain due to conditions such as endometriosis, fibroids, or pelvic inflammatory disease.

Ova can be worn all day under clothing to provide safe, continuous, drug-free period pain relief whilst maintaining a normal, active lifestyle.





Ova 3 – Product Summary

Dysmenorrhea

The medical name for period pain is dysmenorrhoea. There are 2 types of painful period. These are known as Primary and Secondary Dysmenorrhea

Primary dysmenorrhoea is period pain which isn't caused by any health condition. Common symptoms include cramps or pains in the abdomen, feeling bloated, diarrhoea, headaches and mood changes

Secondary dysmenorrhoea is period pain that is caused by a health condition. Symptoms can include:

- Change in your experience of period pain
- Feeling of heaviness in your stomach, and/or back pain
- Pain at other times during your cycle
- Heavy periods
- Irregular periods
- Bleeding between periods
- Unusual discharge
- Painful sex, or bleeding after sex

Menstrual pain is reported by

84%

Of women with 43% reporting pain occurred during every period

57%

Of women say period pain has affected their ability to work

1 in 4

Women experience menstrual pain that requires need for medication and absenteeism from social activities

2 million

Girls in the UK aged 14-21 have missed school due to their period, with 66% citing physical symptoms such as cramps



Endometriosis

Endometriosis is a condition where tissue similar to the lining of the womb starts to grow in other places, such as the ovaries and fallopian tubes. Endometriosis can affect women of any age.

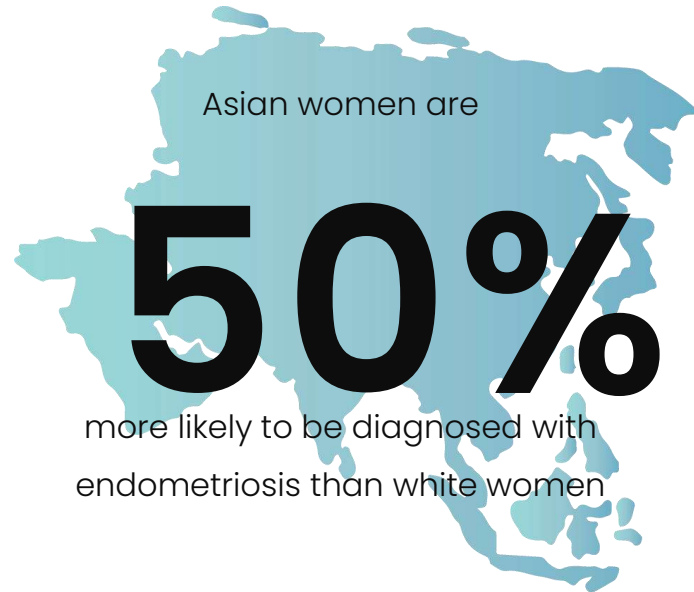
Symptoms include:

- Pain in your lower tummy or back (pelvic pain)
- Period pain stopping you doing normal activities
- Pain during or after sex
- Pain when peeing or pooing during your period
- Feeling sick, constipation, diarrhoea, or blood in your pee during your period
- Difficulty getting pregnant
- Heavy periods
- You might use lots of pads or tampons, or you may bleed through your clothes.
- Feelings of depression

Endometriosis affects roughly

10%
(190 MILLION)

of reproductive age women and girls globally





Ova 3 – Product Summary

A clinically proven solution...

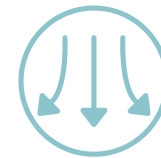
92% of women say TENS provides effective relief from period pain. Application of heat alongside TENS has been shown to enhance effectiveness of pain relief.



Clinically proven treatment



Pain relief in 60 seconds



TENS and heat for maximum relief

12+

Suitable for ages 12+

How does Heat Therapy work...

Heat therapy works by relaxing the muscles of the uterus and increasing blood flow.

Application of heat can reduce muscle tension and relax abdominal muscles to reduce pain caused by muscle spasms.

Heat can also increase pelvic blood circulation to eliminate local blood and body fluid retention and diminish congestion and swelling, thereby enabling a reduction in pain caused by nerve compression.





Ova 3 – Product Summary

Treat symptoms of period pain...

Ova 3 provides effective relief for a range of symptoms

- Sooth cramps
- Block pain signals
- Reduce bloating
- Relax abdominal muscles

Ova 3 can be used to treat the following conditions:

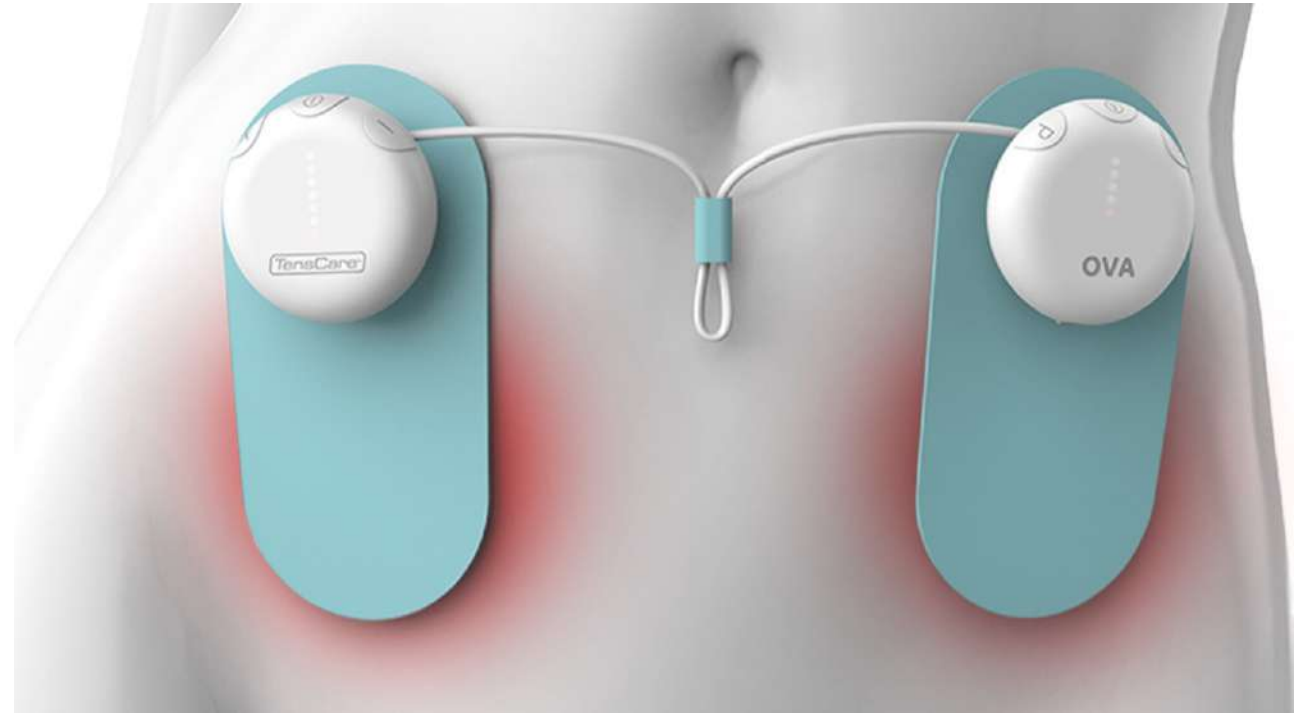
- Primary menstrual pain
- Secondary menstrual pain
- Polycystic ovary syndrome
- Endometriosis
- Fibroids

Find the right position for you...

Ova 3 comes with two bespoke electrodes which have been designed to optimise treatment effectiveness and provide personalised and targeted pain relief. Unlike other period pain relievers, Ova 3's two separate electrodes allows the user to find the best electrode position for them. As every person is different, the best electrode position will also be different.

With correct application, the electrodes maximise coverage of the T10, T11 and T12 dermatomes, stimulating the nerve roots that supply the sensory fibres to the uterus.

The Ova 3 stimulators feature an adjustable cable tidy, ensuring suitable fit on all body sizes.



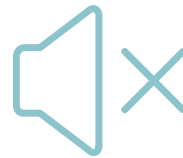


Ova 3 – Product Summary

Ova is wearable and discreet



Ova 3 is discreet and portable, meaning it can be worn under clothing whilst you go about your normal day.



Once treatment parameters have been selected, Ova provides silent and subtle relief.



Ova 3 can provide pain relief for an entire day, with a rechargeable battery that can last up to 30 hours.

Ova over other treatments

There are numerous benefits to using the Ova 3 Period Pain Reliever over other treatment methods. TENS and Heat therapy provides a drug-free alternative to painkillers, whilst providing more effective relief than both pain killers and hot water bottles.

Ova 3 can be used all day, on the go, allowing you to continue normal activities.

Unlike painkillers, Ova 3 can be used with complete confidence of zero side effects or addiction or dependency.



Product features



- 4 different treatment programmes for pain gate or endorphin release pain relief, with varying sensations.
- 54 adjustable intensity steps allows user to find comfortable and effective level of stimulation.
- Adjustable treatment times from 15, 30, 45 minutes and constant.
- Two temperatures of 38°C and 41°C provide safe and effective heat therapy.
- Discreet LED display indicates selected programme, treatment intensity, treatment time, battery life and heat therapy setting.
- Bespoke electrodes for optimum stimulation effectiveness.
- Adjustable cable tidy allows for adjustment in electrode placement.
- Plastic storage case provides protection, extends the life of the hydrogels and makes travelling with Ova easy and convenient
- Wearable and silent, Ova 3 can be worn discreetly.
- Magnetic interface between stimulators and electrodes for easy connection.
- Connection and overheat detection ensures safe treatment.
- Medical grade materials are safe to use and easy to clean.

A complete kit for complete recovery

The Ova 3 kit comes with all the accessories required for successful treatment:

- 1 x Pair of Ova 3 stimulators
- 2 x Electrodes
- 1 x Pack of Ova 3 Hydrogels (pack of 2)
- 1 x Micro-USB cable
- 1 x Storage case
- 1 x User manual





Reusable & replaceable

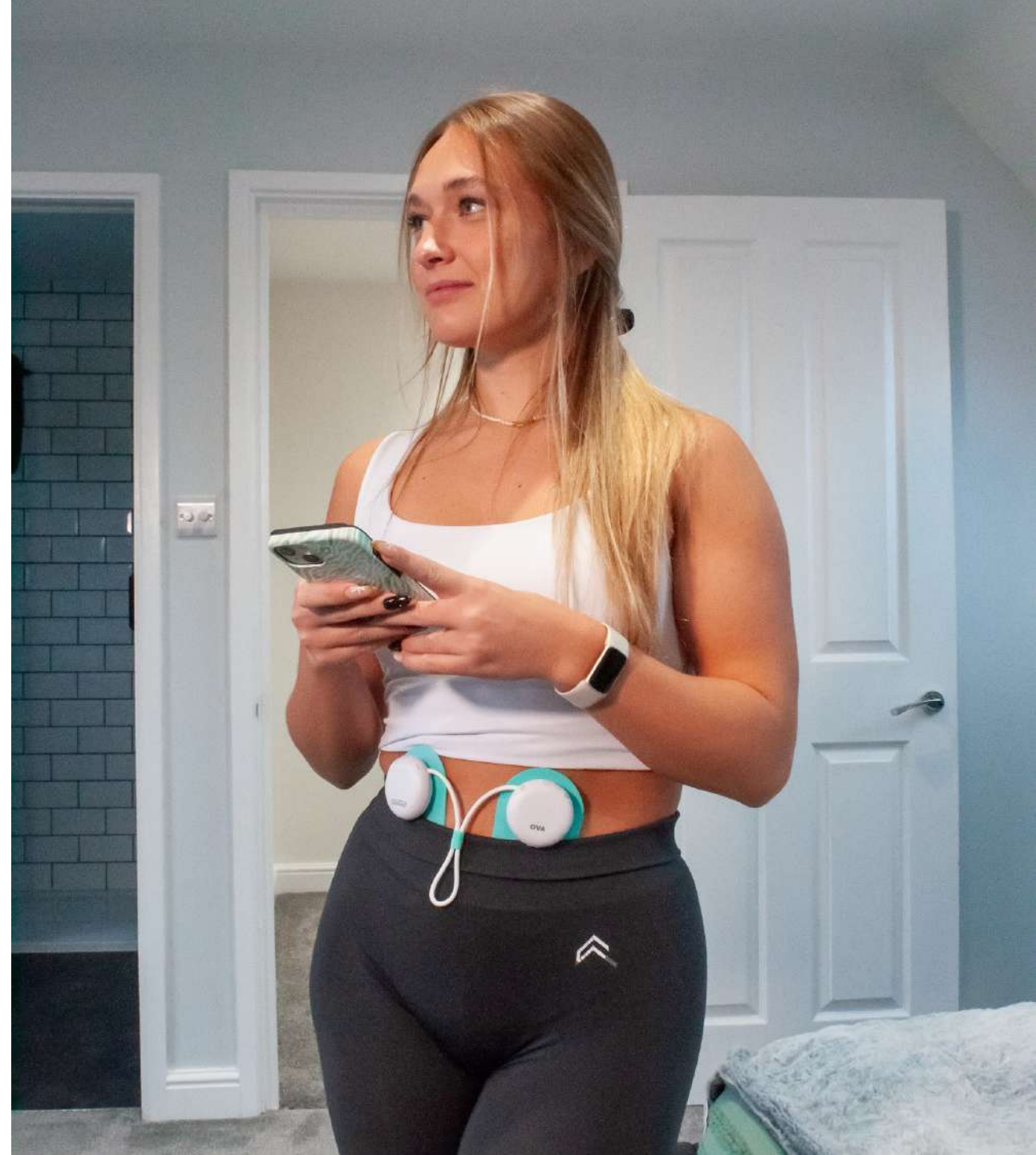
Ova 3 hydrogels have been developed to maximise treatment, comfort and number of usages whilst reducing the likelihood of skin irritation. Each Ova 3 kit comes with one pair of hydrogels.

The hydrogels provide 10-20 applications per use. To ensure effective treatment, hydrogels should be replaced when they lose their adhesion.

Replacement hydrogels are available. Each pack contains three pairs of hydrogels.

Technical specification

Stimulator Dimensions:	54 x 54 x 18mm
Electrode Dimensions:	135 x 70mm
Stimulator Weight:	76g
Intensity Steps:	54
Maximum Output:	54mA
Waveform:	Symmetrical bi-phasic
Programmes	4
Frequency Range:	10 - 110Hz
Pulse Width:	50 - 200us
Heat Temperature:	38°C, 41°C
Treatment Time:	15 -45 minutes, Constant
Battery Ratings:	3.7V 550mAh
Battery Life:	30 hours (TENS), 30 minutes (TENS+Heat)
Charge Time:	3 hours
Service Life	>5 years
Warranty:	1 year



TensCare[™]

Feel better naturally