

CARDIOCOACH COMPARISON TABLE			
CARDIOCOACH™	CARDIOCOACH PLUS	CARDIOCOACH MAX	CARDIOCOACH PRO
VO2 Max & Sub-Max	VO2 Max & Sub-Max	VO2 Max & Sub-Max	VO2 Max & Sub-Max
AT, AeT, Peak VO2	AT, AeT, Peak VO2	AT, AeT, Peak VO2	AT, AeT, Peak VO2
Precise heart rate zones	Precise heart rate zones	Precise heart rate zones	Precise heart rate zones
Calories Burned during exercise	Calories Burned during exercise	Calories Burned during exercise	Calories Burned during exercise
Self-Calibrating	Self-Calibrating	Self-Calibrating	Self-Calibrating
Wireless heart rate pick-up	Wireless heart rate pick-up	Wireless heart rate pick-up	Wireless heart rate pick-up
Wireless Tablet Optional	Wireless Tablet Optional	Wireless Tablet Optional	Wireless Tablet Optional
Self-service O2 Sensor Replacement	Self-service O2 Sensor Replacement	Self-service O2 Sensor Replacement	Self-service O2 Sensor Replacement
Ability to email Results to client	Ability to email Results to client	Ability to email Results to client	Ability to email Results to client
Score to determine test quality	Score to determine test quality	Score to determine test quality	Score to determine test quality
Extrapolated VO2 Max for better sub-max test options	Extrapolated VO2 Max for better sub-max test options	Extrapolated VO2 Max for better sub-max test options	Extrapolated VO2 Max for better sub-max test options
Workload data recorded at each stage	Workload data recorded at each stage	Workload data recorded at each stage	Workload data recorded at each stage
Integrates with CardioCoach App for Workout Building Program	Integrates with CardioCoach App for Workout Building Program	Integrates with CardioCoach App for Workout Building Program	Integrates with CardioCoach App for Workout Building Program
Carrying case	Carrying case	Carrying case	Carrying case

included	included	included	included
	RMR (Resting Metabolic Rate)	RMR (Resting Metabolic Rate)	RMR (Resting Metabolic Rate)
	Customizable caloric intake recommendations	Customizable caloric intake recommendations	Customizable caloric intake recommendations
	Dual differential pressure sensor for increased low flow accuracy	Dual differential pressure sensor for increased low flow accuracy	Dual differential pressure sensor for increased low flow accuracy
		RER (RQ) during exercise	RER (RQ) during exercise
		Determines calories burned from fats/carbs during exercise	Determines calories burned from fats/carbs during exercise
		Integrates with SMART trainers	Integrates with SMART trainers
			RER (RQ) at rest
			Detailed results with multiple graphs
			Extended testing periods
			Integrates with Moxly for SMO2 data
			Data entry field for blood lactate
			Integrates with ergometers such as Lode, Trackmaster